



SISKIYOU COUNTY

Behavioral Health Advisory Board

A Commitment to Service

Chairperson:
Supervisor Nancy Ogren

Vice Chairperson:
Justin Hadaller, PA-C

Board Members:
Lise Rogers
Earl Chancellor
Paul Contreras
Sasha Hight

January 22, 2026

Board of Supervisors
P.O. Box 750
1312 Fairlane Road, Suite 1
Yreka, CA 96097

Re: Behavioral Health Board Member Appointment

Dear Chairperson:

On behalf of the Behavioral Health Services Advisory Board Chair, please accept this letter as a recommendation to appoint Donald Forsyth to the Siskiyou County Behavioral Health Board.

Donald has firsthand experience with the challenges of drug and alcohol use and has successfully overcome significant obstacles in his life. He is deeply committed to the principles of wellness and recovery and actively supports individuals who are experiencing addiction and homelessness.

We believe Donald will bring valuable insight to the Board and offer a unique and important perspective on the behavioral health services provided within our community.

Thank you for your consideration of Donald Forsyth for appointment to the Siskiyou County Behavioral Health Board.

Regards,

Kristina Hargrove, Board Secretary
Siskiyou County Behavioral Health Board

RECEIVED

JAN 22 2026

**SISKIYOU COUNTY
CLERK'S OFFICE**

Donald B. Forsyth



26th December 2025

Siskiyou County
Behavioral Health Board

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SISKIYOU COUNTY
CLERK'S OFFICE

To whom it may concern,

My name is Donald Forsyth, I am a resident of Siskiyou County residing in Mount Shasta. I was made aware of the advisory council in October and have been attending meetings since. I am very interested in how our county can serve our neighbors requiring behavioral health services.

I was incarcerated several times in my early adulthood while in the throes of my own battle with addiction and it was through the intervention of the Drug Court program in Utah County, UT that I was able to achieve sobriety and become a law abiding citizen. I have spent my time and effort to volunteer assisting those who struggle with addiction, homelessness and incarceration since my own graduation in May of 2006. It is important to me that people struggling with behavioral health receive the care and support that they need.

I admire those that have made a career out of helping others and admire the work being done by those working for Siskiyou County Behavioral Health and feel that my presence on the board could be beneficial. Giving back to my community is an important component of living a life of intention and I think that I am set up to be of assistance on this board. Thank you for your consideration.

Sincerely,

Donald B. Forsyth III