



ASIM RIZVI, MD

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EDUCATION

2001-2005

M.B., B.S., (Bachelor of Medicine, Bachelor of Surgery)
Shifa College of Medicine, Islamabad, Pakistan

Fall 2000

Annenberg School for Communication, University of
Southern California
• Major: Communications, Pre-Medicine

1996-2000

Webb School of California, Claremont, California
• High School Diploma with Honors

CLINICAL/ WORK EXPERIENCE

AUGUST 2018 - PRESENT

Telepsychiatry Independent Contractor for Orbit Health

MAY 2019 – DECEMBER 2022

Telepsychiatry Independent Contractor for Children's Service Center

AUGUST 2015 - AUGUST 2018

Staff Tele-psychiatrist at CDCR

Department of Corrections & Rehabilitation, Rancho Cucamonga, California

JULY 2013 - JUNE 2015

Child & Adolescent Psychiatry Fellowship
Bronx Lebanon Hospital Center, Bronx, New York

JULY 2010- JUNE 2013

General Psychiatry Residency Training
Bergen Regional Medical Center, Paramus, New Jersey

JULY 2009- JUNE 2010

University of Southern California, Division of Psychiatry
LAC + USC Medical Center, 1200 N State Street, Los Angeles, CA 90033
Clinical Research Assistant for George Simpson, MD

MAY 2008- JUNE 2009

Nephrology
University of Southern California, Los Angeles, California
Vito Campese, M.D.

- Clinical Observership in Nephrology
- Rounded with the Renal Team in the Renal Ward, Attended Renal Outpatient Clinics, Attended Renal Grand Round Conferences, & Internal Medicine Grand Round Conferences

JANUARY 2006- JUNE 2009

Internal Medicine/ Nephrology

California Kidney Specialists, San Dimas, California

Mike M. Moghadam, M.D., F.A.C.P.

- Conducted and presented histories, engaged in case discussions, and rounded with the attending physician in the dialysis unit and hospital floors

JULY 2005

Clinical Elective in Nephrology

University of California, Irvine Medical Center

Dr. Nick Vaziri, Dr. Madeleine Pahl, Dr. Amir Azad

- Managed Renal Patients in both an Inpatient and Outpatient setting
- Evaluation: High Honors

DECEMBER 2004

Clinical Elective in Cardiology

University of California, Irvine Medical Center

Dr. Ahsan Chowdhury, Dr. Manni Vannan

- Admitted patients to the Cardiology Service in the Coronary Care Unit and managed the care of assigned patients
- Spent 2 weeks in an intensive EKG and Cardiac Imaging and Lab workshop
- Evaluation: High Honors

NOVEMBER 2004

Clinical Elective in Advanced Clinical Urology

University of California, Irvine Medical Center

Dr. Ralph Clayman

- Peri-operative care of Urologic Patients on hospital floors
- Assisted in Urologic Surgical Cases including Robotic Prostatectomies employing the Da Vinci Robot
- Underwent laparoscopic surgical training on the *LapTrainer* Computer Simulator
- Managed Emergency Urologic cases with the Attending Physician in the Emergency Room

JULY 2003

Observership in Gastroenterology

Queen of the Valley Hospital, California

Dr. Mumtaz Akram

- Conducted and presented histories, rounded with the attending physician, observed endoscopic procedures, and engaged in case discussions

JUNE 2003

UMMA Free Clinic

Dr. Clara Hsu, Dr. Rumi Cader

- Conducted and presented Medicine histories in an outpatient setting and engaged in case discussions

DECEMBER 2002

Observership in Endocrinology

Dr. Arsalan Geula

- Managed endocrine patients in an outpatient setting and engaged in case discussions

AMERICAN BOARD OF PSYCHIATRY & NEUROLOGY

September 2014 Initial Certification Exam: (Result Pending)

UNITED STATES MEDICAL LICENSING EXAMINATIONS

October 2012 Step 3
Result: Pass

May 2008 Step 2 CK
Result: Pass

May 2007 Step 1
Result: Pass

July 2004 Step 2 CS
Result: Pass

RESEARCH AND RESEARCH PROJECTS

October 2014

Presented a Poster at the American Psychiatric Association's IPS Meeting in San Francisco, California

Title of Poster: **DiGeorge Syndrome & Its Neuropsychiatric Manifestations**

October 2012

Presented 2 Posters at the American Psychiatric Association's IPS Meeting in New York City, New York

Title of Poster: **Telepsychiatry: An Emerging Modality in Behavioral Health**

Title of Poster: **Holt-Oram Syndrome and Bipolar Disorder: A Case Report**

May 2012

Presented a Poster at the American Psychiatric Association's 165th Annual Meeting in Philadelphia, PA on Telepsychiatry

Title of Poster: **Telepsychiatry: An Emerging Modality in Behavioral Health**

July 2009- June 2010

University of Southern California, Division of Psychiatry
LAC + USC Medical Center, 1200 N State Street, Los Angeles, CA 90033
Clinical Research Assistant for George Simpson, MD

May 2008- June 2009

University of Southern California, Division of Nephrology

LAC + USC Medical Center, 1200 N State Street, Room 4250, Los Angeles, CA 90033
Cardiokine Multicenter, Randomized, Double-blind, Placebo-controlled Study to Evaluate the Efficacy and Safety of Oral Lixivaptan Capsules in Subjects with Euvolemic Hyponatremia
Principal Investigator: Vito Campese, M.D.

Job Description: Clinical Research Coordinator

- Duties include preparation and submission of protocols and informed consent documents in accordance with applicable regulations and guidelines to the USC IRB.
- Recruitment of study patients
- Assisting in training of all personnel involved in assigned clinical trials.
- Documenting all trial information with adherence to standard operating procedures and applicable regulations
- Submitting completed Case Report Forms to the sponsor accurately and in a timely manner
- Conducting ongoing review to insure site compliance with protocol guidelines and requirements of regulatory agencies governing conduct of human clinical trials
- Acting as a liaison between the study sponsor/ sponsor designee and the investigator
- Generate protocol amendments and follow amendment through regulatory and IRB procedures to allow implementation in a timely manner
- Preparation and submission of SAE and IND safety reports to IRB

July 2007- June 2009

North American Research Institute, 1335 Cypress Street, Suite 205, San Dimas, CA 91773
SHIRE Multicenter Study: Phase-IV, Long Term, Observational Safety Study in End Stage Renal Disease Subjects Treated with Lanthanum Carbonate (Fosrenol)
Principal Investigator: Amir Jamal, M.D.

Job Description: Clinical Research Coordinator

- Duties include preparation and submission of protocols and informed consent documents in accordance with applicable regulations and guidelines to the IRB.
- Recruitment of study patients
- Assisting in training of all personnel involved in assigned clinical trials.
- Documenting all trial information with adherence to standard operating procedures and applicable regulations
- Submitting completed Case Report Forms to the sponsor accurately and in a timely manner
- Conducting ongoing review to insure site compliance with protocol guidelines and requirements of regulatory agencies governing conduct of human clinical trials
- Acting as a liaison between the study sponsor/ sponsor designee and the investigator
- Generate protocol amendments and follow amendment through regulatory and IRB procedures to allow implementation in a timely manner
- Preparation and submission of SAE and IND safety reports to IRB

PUBLICATIONS

2004

Rawal Medical Journal 2004;29(1):3-7.

Sleep Habits and Their Consequences: A Survey

Shifa College of Medicine, Islamabad Pakistan

Objective: To study the sleep habits and their consequences among the students of the Shifa College of Medicine.

Subjects and Methods: A survey questionnaire consisting of 50 questions was designed to analyze the sleep habits of the students of the Shifa College of Medicine, Islamabad. Data was collected during March and April of 2002. The answers were restricted to either YES or NO. A total of 120 questionnaires were then distributed to the students of the first four years in their respective classrooms. The questionnaires included the aims and objectives of the study.

Results: Responses were received from 112 students. The age range was between 18 and 23 years. Analysis revealed that on average the amount of sleep required per 24 hours of the respondents was 8 hours; however, the average amount of sleep they actually got was 6 hours. There was an association between the quantity of caffeine ingested and its subsequent effects on the regularity of sleeping hours. Most of the students of the Shifa College of Medicine are suffering from high levels of daytime sleepiness. Nearly half the class of second year admitted to being depressed and irritable (47% and 50%

respectively). Another 37% reported that their lifestyle and interpersonal relationships were affected. Conclusion: Our preliminary results show that disorders related to sleep are a significant problem. Caffeine ingestion affected sleep and there was a high level of daytime sleepiness. Sleep difficulties resulted in irritability and affected lifestyle and interpersonal relationships. (Rawal Med J 2004;29:3-7)

ORAL PRESENTATIONS

Rizvi, A. (2008, September). ANCA Positive Vasculitis. Oral Presentation presented at: USC Renal Grand Rounds; Los Angeles, CA.

Rizvi, A. (2008, August). Understanding the Nernst Equation & it's Application in the Treatment of Hyperkalemia in Renal Patients. Oral Presentation presented at: USC Chief of Nephrology Rounds; Los Angeles, CA.

Rizvi, A. (2008, July). Hypomagnesemia in Alcoholics. Oral Presentation presented at: USC Chief of Nephrology Rounds; Los Angeles, CA.

Rizvi, A. (2008, June). IgA Nephropathy. Oral Presentation presented at: USC Chief of Nephrology Rounds; Los Angeles, CA.

Rizvi, A. (2002, March). Cardiovascular Model of Human Blood Pressure Regulation. Oral Presentation presented at: Pakistan Physiology Society; Multan, Pakistan.

LEADERSHIP EXPERIENCE

October 2005

Assembled and led a team of Medical Students to aid victims of the South Asia Earthquake

- Assisted International Relief Agencies in rescuing earthquake victims from collapsed buildings
- Raised funds for the purchase of medical supplies, tents, and food for disaster victims in the Northern Areas of Pakistan

January 2005

Planned and Organized a Major Blood Drive for the Pakistan Red Crescent (The nation's equivalent of the Red Cross)

- Designed the official poster for this event; this poster is now the official promotional tool for Red Crescent Blood Drives

2004- 2005

Founded the Patient Welfare Committee at the Shifa College of Medicine

- Established a monetary fund for underprivileged patients from rural areas so they could receive free medication, routine lab tests and imaging studies
- Served as President and founder of the organization

2003- 2005

Clinical Rotation Group Leader

- Worked with Clinical Faculty in planning rotations and scheduling educational conferences
- Acted as the liaison between fellow medical students and the Dean's Academic Council

2001-2005

Captain of the Shifa College of Medicine American Football Team

1997- 2000

Member of the Webb School of California Varsity Football Team

- Was recruited onto the team as a sophomore
- Offensive/ Defensive Tackle

1996

Captain of the Junior Varsity Wrestling Team

AWARDS & HONORS

- 2011** Scored in the 83rd Percentile Rank for my PGY level on the 2011 Psychodynamic Psychotherapy Competency Test, and Ranked #1 Overall in my program
- 2004** Sleep Habits and Their Consequences
- First Place for Best Student Research Paper
Pakistan Society of Physiology
- High Honors: Forensic Medicine
- 2002** Cardiovascular Model Simulating Blood Pressure Physiology
- First Place, Pakistan Society of Physiology
 - Directed a 17 minute film that describes the Physiology of blood pressure regulation
- High Honors: Physiology

LANGUAGES

Fluent in conversational Spanish
Fluent in Urdu

PROFESSIONAL AFFILIATIONS

American Psychiatric Association

American Academy of Child & Adolescent Psychiatrists

American Medical Association

HOBBIES & EXTRACURRICULAR ACTIVITIES

Filmmaking

- 1998: Received a diploma from the New York Film Academy for completion of a Summer Intensive Film-making Course
- 2002: Directed, Shot, and Edited a 17 minute film about the regulation of Human Blood Pressure
- 2003: Directed, Shot, and Edited a Television Commercial Promoting the Private Practice of one of Pakistan's Top Surgeons
 - The commercial was aired on Pakistan National Television
- 2005: Winner of best short film at the Shifa College of Medicine Talent Show
- Directed over 18 short films to date
- Mastery of iMovie, Final Cut; Currently developing skills to master the rest of the Industry Standard Final Cut Suite Programs

Photography

Athletics

- Running
- Weightlifting
- Snowboarding
- Paintball